

Brain workout

1

R R R R

L

2

R

L L L L

3

R R R R

L

4

R R

L L L L

5

R R R R

L

6

R R

L L L L

7

R R R R

L L L L L

8

R R R R

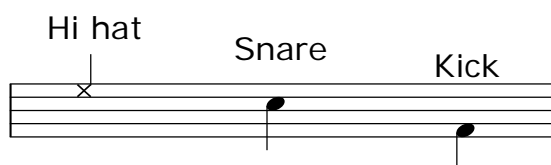
L L L L

9

R R R R

L L L L

What do you hit now?



1

2

3

4

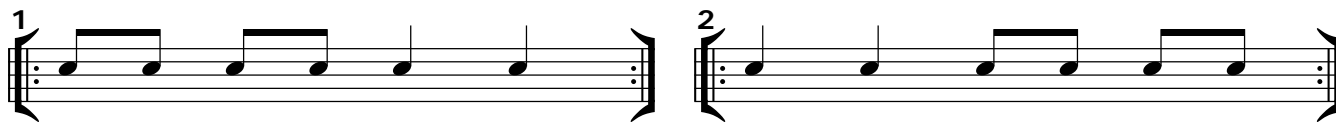
5

6

7

8

Quarters and Eighths



Duet #1

1

(tap rim or tap sticks together)

Musical notation for Duet #1, Part 1. It consists of four staves of music. The first staff starts with a '1' and a note on the first line. The second staff has notes on the second and third lines. The third staff has notes on the first, second, and third lines. The fourth staff has notes on the first, second, and third lines. 'x' marks are placed above the staves to indicate tapping points.

2

Musical notation for Duet #1, Part 2. It consists of four staves of music. The first staff has notes on the first, second, and third lines. The second staff has notes on the first, second, and third lines. The third staff has notes on the first, second, and third lines. The fourth staff has notes on the first, second, and third lines. 'x' marks are placed above the staves to indicate tapping points.

This and that

1

Exercise 1 consists of four staves of music. The first staff begins with a double bar line and a first-measure rest, followed by a quarter note on G4, a quarter note on A4, a quarter note on B4, and a quarter note on C5. The second staff continues with a quarter note on B4, a quarter note on A4, a quarter note on G4, and a quarter note on F4. The third staff continues with a quarter note on E4, a quarter note on D4, a quarter note on C4, and a quarter note on B3. The fourth staff concludes with a quarter note on A3, a quarter note on G3, a quarter note on F3, and a quarter note on E3, ending with a double bar line.

2

Exercise 2 consists of four staves of music. The first staff begins with a quarter note on G4, a quarter note on A4, a quarter note on B4, and a quarter note on C5. The second staff continues with a quarter note on B4, a quarter note on A4, a quarter note on G4, and a quarter note on F4. The third staff continues with a quarter note on E4, a quarter note on D4, a quarter note on C4, and a quarter note on B3. The fourth staff concludes with a quarter note on A3, a quarter note on G3, a quarter note on F3, and a quarter note on E3, ending with a double bar line.

12 bar groove solos

1

The first solo consists of four staves of music. Each staff has a treble clef and a key signature of one flat. The music is written in a 4/4 time signature. The first staff begins with a '1' in the top left corner. The notation features a consistent rhythmic pattern of eighth notes and quarter notes, with 'x' marks above the notes indicating specific accents or techniques. The melody moves across the staves, ending with a double bar line at the end of the fourth staff.

2

The second solo consists of four staves of music, following the same notation style as the first. It begins with a '2' in the top left corner. The rhythmic and melodic patterns are distinct from the first solo, featuring a different sequence of notes and accents. Like the first solo, it concludes with a double bar line at the end of the fourth staff.

Little big challenge

1

Exercise 1 consists of four staves of music. The first staff begins with a '1' and contains a complex rhythmic pattern with many 'x' marks above the notes. The second staff continues the pattern with fewer 'x' marks. The third staff shows a different rhythmic structure with some 'x' marks. The fourth staff concludes the exercise with a final rhythmic pattern.

Warm up exercises:

2

Exercise 2 is a single staff of music starting with a '2'. It features a rhythmic pattern with 'x' marks above the notes, ending with a double bar line.

3

Exercise 3 is a single staff of music starting with a '3'. It features a rhythmic pattern with 'x' marks above the notes, ending with a double bar line.

4

Exercise 4 is a single staff of music starting with a '4'. It features a rhythmic pattern with 'x' marks above the notes, ending with a double bar line.

Quarters rests

The image displays eight numbered musical staves, each containing a sequence of quarter notes and quarter rests. The notation is as follows:

- Staff 1:** Quarter note, quarter note, quarter rest, quarter note.
- Staff 2:** Quarter note, quarter note, quarter note, quarter note, quarter rest.
- Staff 3:** Quarter note, quarter note, quarter rest, quarter note, quarter note.
- Staff 4:** Quarter note, quarter note, quarter note, quarter note, quarter rest.
- Staff 5:** Quarter note, quarter note, quarter note, quarter rest, quarter note, quarter note, quarter rest, quarter note.
- Staff 6:** Quarter note, quarter rest, quarter note, quarter note, quarter note, quarter rest, quarter note, quarter note, quarter rest.
- Staff 7:** Quarter rest, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter rest, quarter rest, quarter rest.
- Staff 8:** Quarter note, quarter note, quarter rest, quarter note, quarter note, quarter note, quarter note, quarter rest, quarter note, quarter rest, quarter rest.

Duet #2

1

Part 1 consists of four staves of music. The first staff begins with a '1' and contains a sequence of eighth notes and rests. The second staff continues the pattern with eighth notes and rests. The third staff features eighth notes and rests. The fourth staff concludes the part with eighth notes and rests, ending with a double bar line.

2

Part 2 consists of four staves of music. The first staff begins with a '2' and contains a sequence of eighth notes and rests. The second staff continues the pattern with eighth notes and rests. The third staff features eighth notes and rests. The fourth staff concludes the part with eighth notes and rests, ending with a double bar line.

Quarter rest solos

1

Exercise 1 consists of four staves of music. Each staff has a top line with 'x' marks and a bottom line with notes and rests. The exercise is divided into four measures by bar lines. The notes and rests are arranged in a specific pattern across the staves.

2

Exercise 2 consists of four staves of music. Each staff has a top line with 'x' marks and a bottom line with notes and rests. The exercise is divided into four measures by bar lines. The notes and rests are arranged in a specific pattern across the staves.

Quarter rest workouts

1

Two staves of music. The top staff is in treble clef with a key signature of one flat. It contains a sequence of eighth notes with 'x' marks above them, followed by quarter rests. The bottom staff is in bass clef and contains a sequence of quarter notes and quarter rests.

2

Two staves of music. The top staff is in treble clef with a key signature of one flat. It contains a sequence of eighth notes with 'x' marks above them, followed by quarter rests. The bottom staff is in bass clef and contains a sequence of quarter notes and quarter rests.

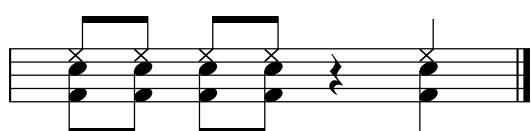
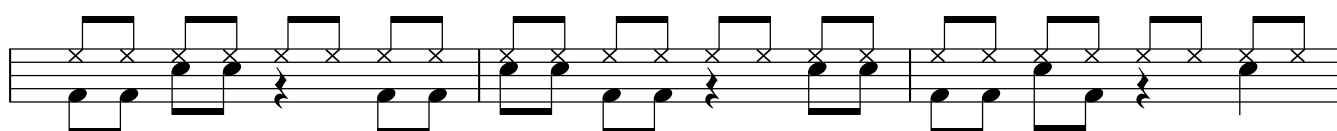
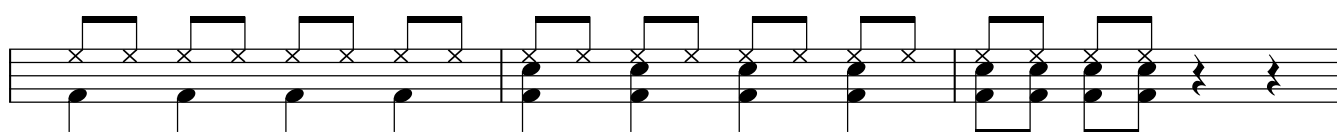
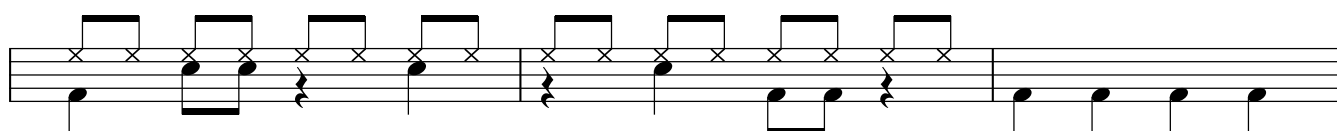
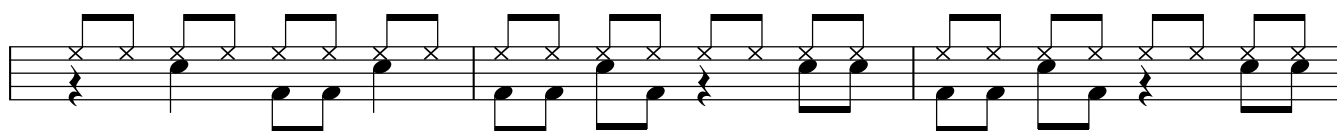
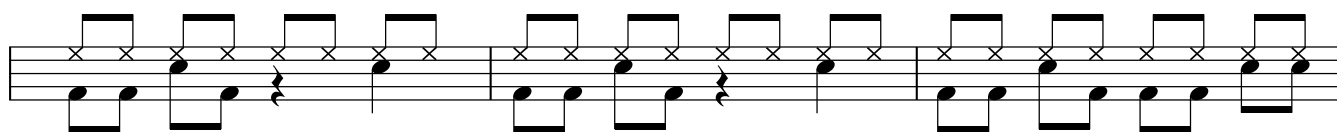
3

Two staves of music. The top staff is in treble clef with a key signature of one flat. It contains a sequence of eighth notes with 'x' marks above them, followed by quarter rests. The bottom staff is in bass clef and contains a sequence of quarter notes and quarter rests.

4

Two staves of music. The top staff is in treble clef with a key signature of one flat. It contains a sequence of eighth notes with 'x' marks above them, followed by quarter rests. The bottom staff is in bass clef and contains a sequence of quarter notes and quarter rests.

Big little challenge



Eighth rests

1. A single staff with a treble clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4, followed by an eighth rest, then F4, G4, A4, B4, C5, B4, A4, G4.

2. A single staff with a bass clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G3, F3, E3, D3, C3, B2, A2, followed by an eighth rest, then G3, F3, E3, D3, C3, B2, A2, G3.

3. A single staff with a treble clef, a key signature of one flat, and a 2/4 time signature. The melody starts with an eighth rest, followed by quarter notes: G4, A4, B4, C5, B4, A4, G4, followed by an eighth rest, then F4, G4, A4, B4, C5, B4, A4, G4.

4. A single staff with a bass clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G3, F3, E3, D3, C3, B2, A2, followed by an eighth rest, then G3, F3, E3, D3, C3, B2, A2, G3.

5. A single staff with a bass clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G3, F3, E3, D3, C3, B2, A2, followed by an eighth rest, then G3, F3, E3, D3, C3, B2, A2, G3.

6. A single staff with a bass clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G3, F3, E3, D3, C3, B2, A2, followed by an eighth rest, then G3, F3, E3, D3, C3, B2, A2, G3.

7. A single staff with a bass clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G3, F3, E3, D3, C3, B2, A2, followed by an eighth rest, then G3, F3, E3, D3, C3, B2, A2, G3.

8. A single staff with a treble clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4, followed by an eighth rest, then F4, G4, A4, B4, C5, B4, A4, G4.

Duet #3

1

Part 1 consists of four staves of music. The first staff begins with a '1' and contains two measures of music. The second staff contains two measures. The third staff contains two measures. The fourth staff contains two measures and ends with a double bar line. The notation includes eighth notes, quarter notes, and rests, with some notes beamed together.

2

Part 2 consists of four staves of music. The first staff begins with a '2' and contains two measures of music. The second staff contains two measures. The third staff contains two measures. The fourth staff contains two measures and ends with a double bar line. The notation includes eighth notes, quarter notes, and rests, with some notes beamed together.

Eighth rest solos

1

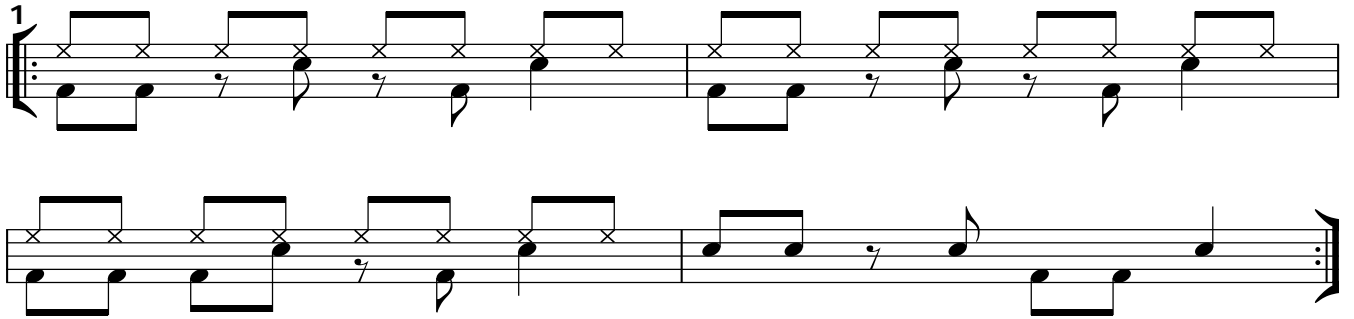
Musical notation for exercise 1, consisting of four staves of music. Each staff has a treble clef and a key signature of one flat. The music features eighth notes and eighth rests, with some notes beamed together. The first staff starts with a '1' in the top left corner. The piece concludes with a double bar line.

2

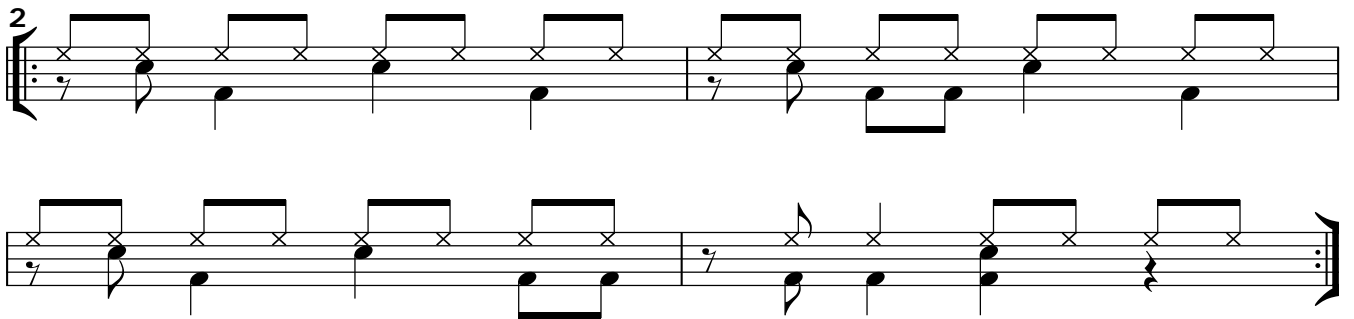
Musical notation for exercise 2, consisting of four staves of music. Each staff has a treble clef and a key signature of one flat. The music features eighth notes and eighth rests, with some notes beamed together. The second staff starts with a '2' in the top left corner. The piece concludes with a double bar line.

Eighth rest workouts

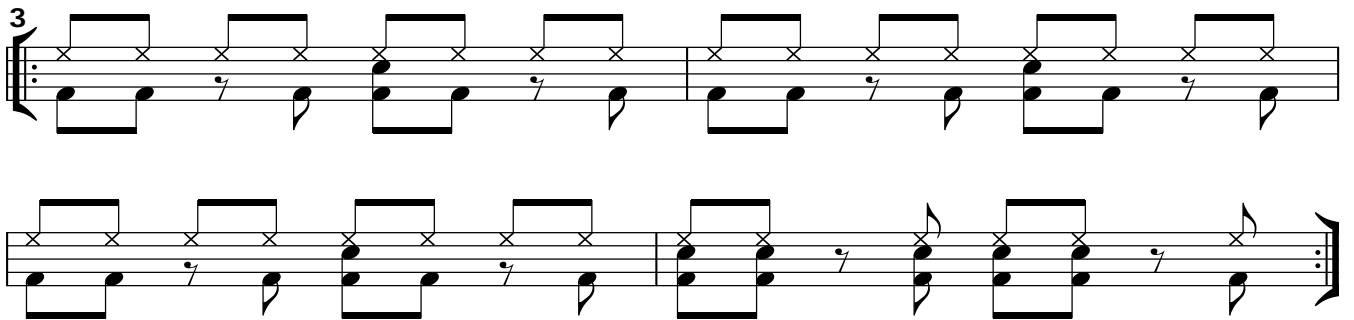
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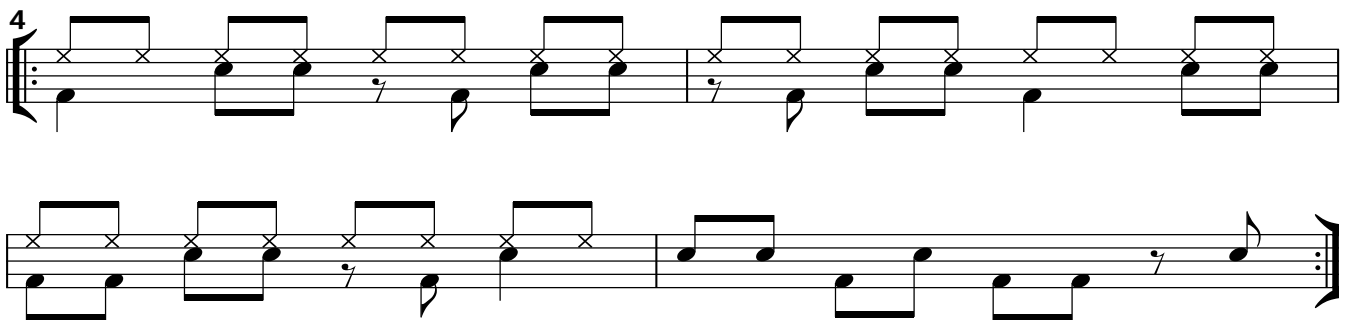
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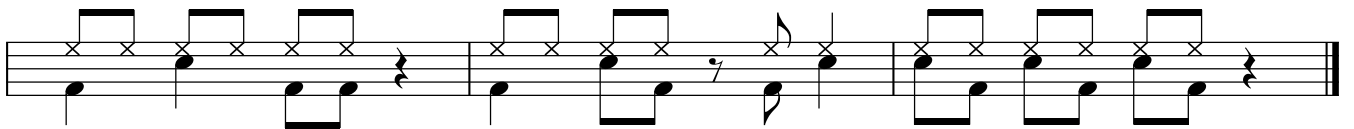
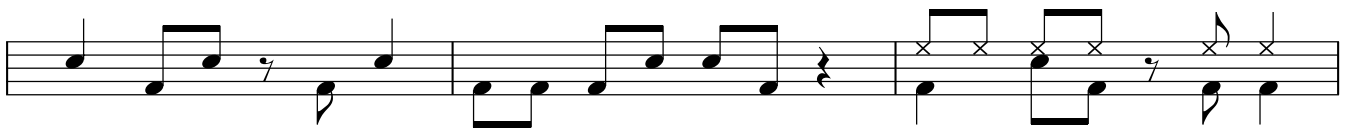
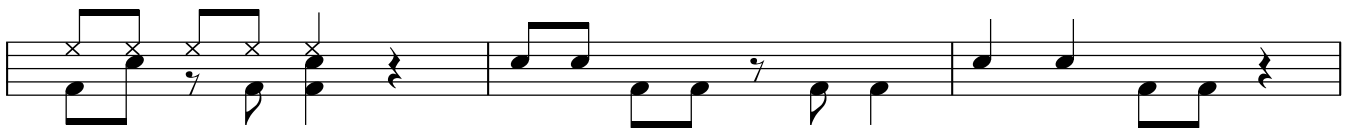
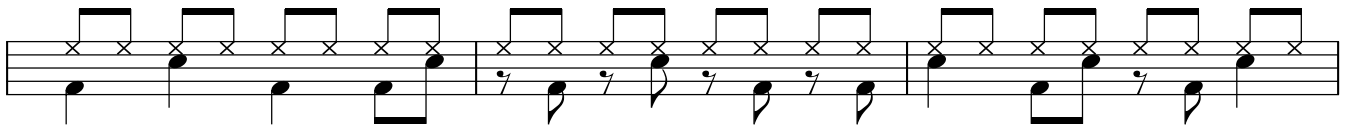
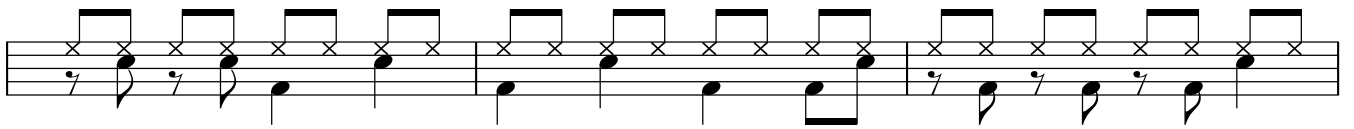
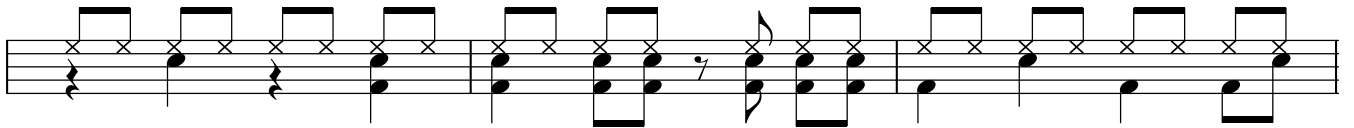
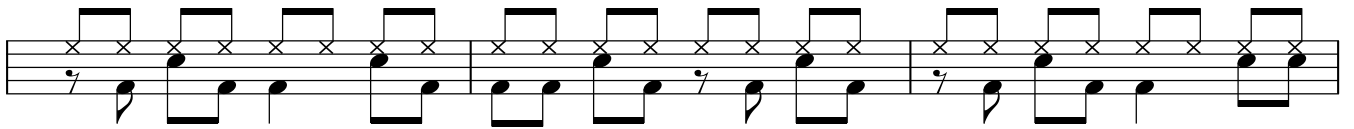
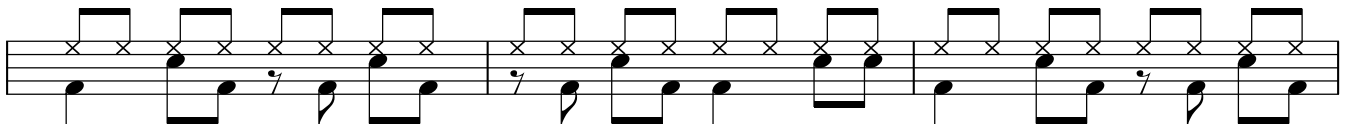
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4



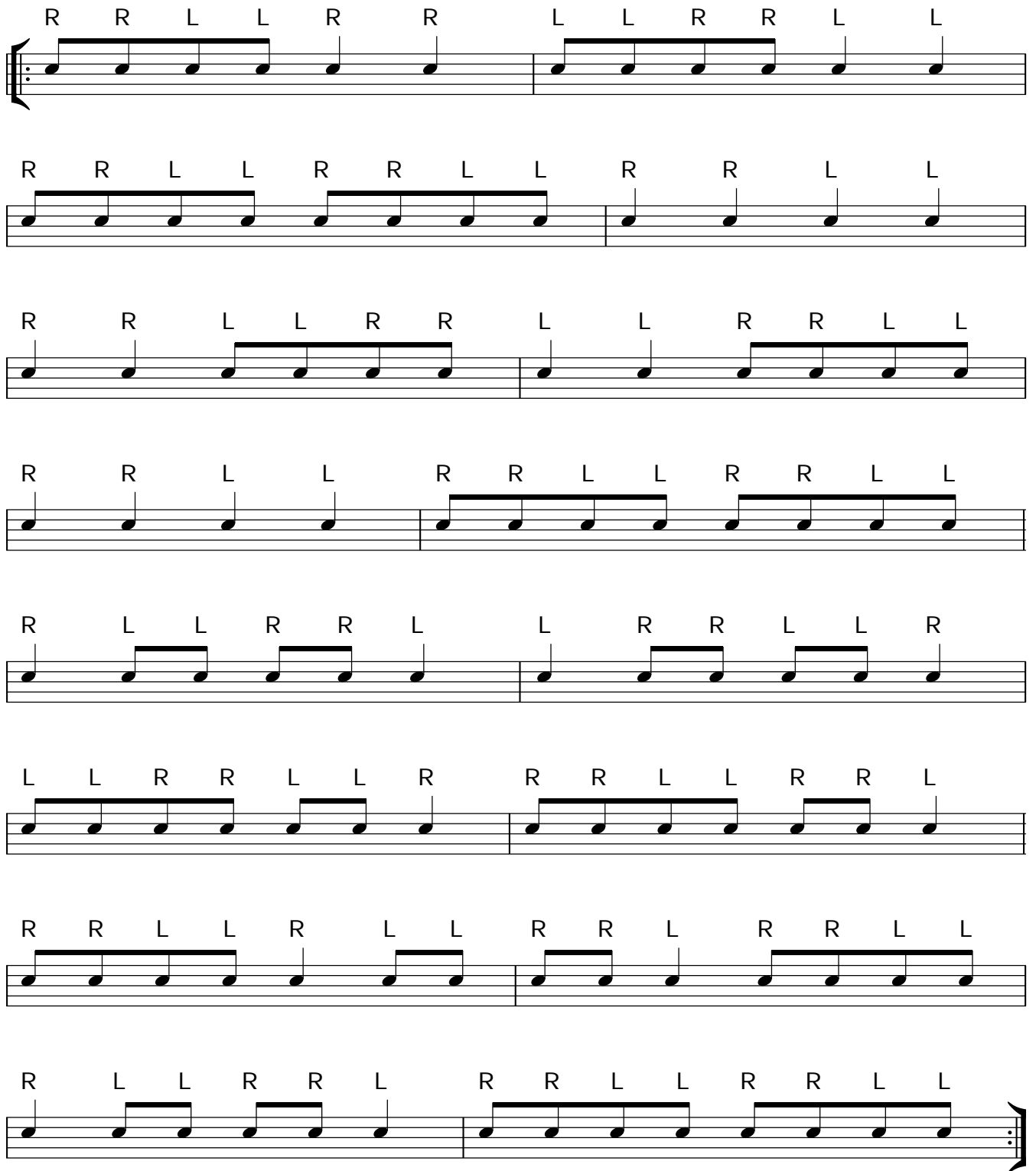
Rest fest



Rest extravaganza

The musical score consists of ten staves, each containing two measures of music. The notes are primarily eighth and sixteenth notes, often beamed together. The exercise is characterized by frequent rests, which are indicated by a vertical line with a flag and a 'z' symbol. The rests occur at various points in the measures, creating a complex rhythmic pattern. The first measure of each staff typically contains a sequence of notes followed by a rest, while the second measure often starts with a rest followed by notes. The final staff ends with a double bar line.

Hand fixer #1



Hand fixer #1 drum notation consisting of eight staves. Each staff contains a sequence of notes with 'R' and 'L' labels above them, indicating right and left hand strokes. The notes are connected by beams, and some are grouped with brackets. The notation is as follows:

- Staff 1: R R L L R R L L R R L L
- Staff 2: R R L L R R L L R R L L
- Staff 3: R R L L R R L L R R L L
- Staff 4: R R L L R R L L R R L L
- Staff 5: R L L R R L L R R L L R
- Staff 6: L L R R L L R R R L L R R L
- Staff 7: R R L L R L L R R L R R L L
- Staff 8: R L L R R L R R L L R R L L

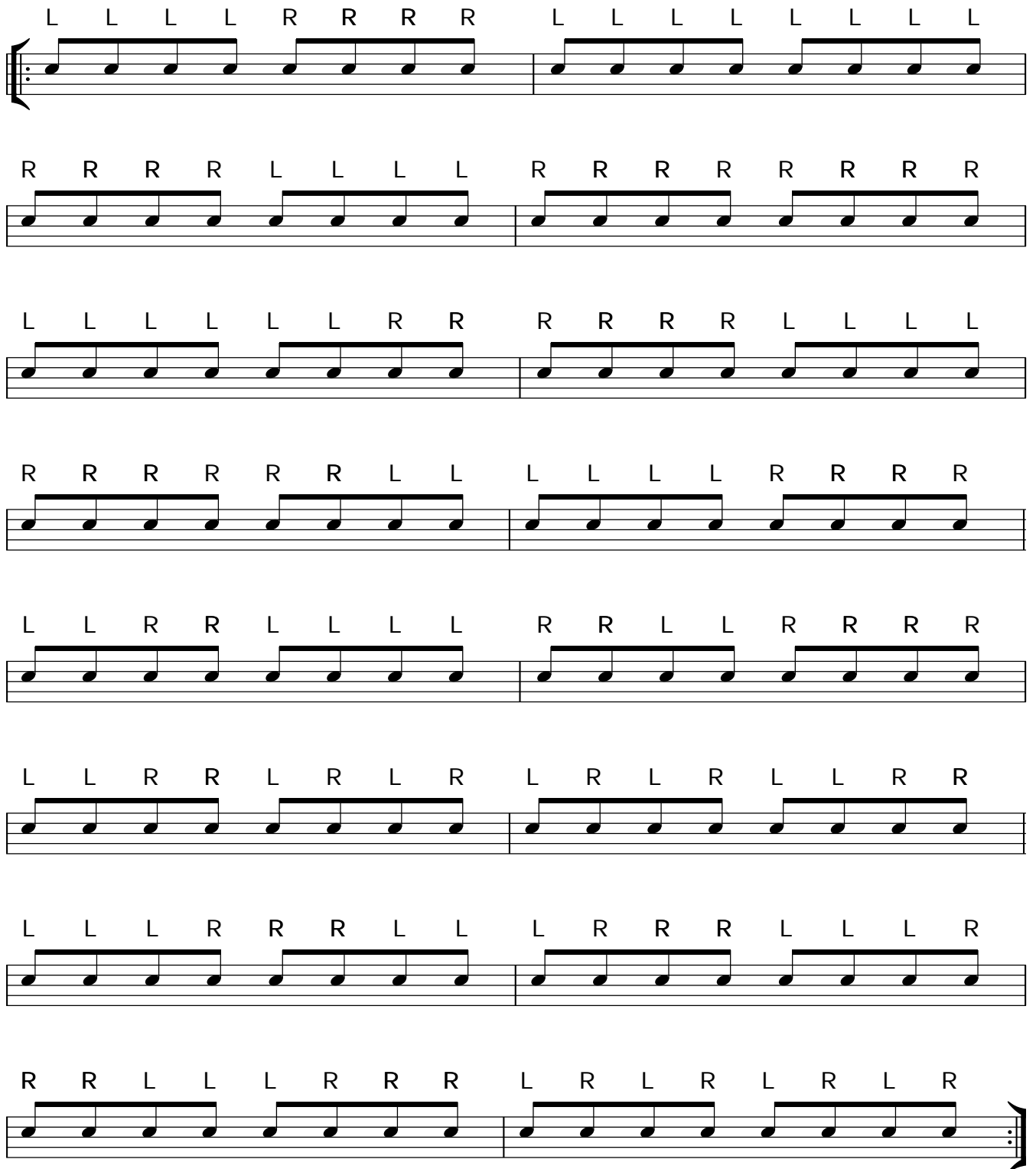
Checklist:

Thumbs on stick, fingers underneath

Relax your hands and forearms

Bounce the stick up in a straight line, with no buzz

Hand fixer #2



Hand fixer #2 drum notation. The notation consists of eight staves of music, each containing four measures. The notes are represented by quarter notes on a single staff. Above each note is a letter indicating the hand used: 'L' for left hand and 'R' for right hand. The notation is as follows:

Staff 1: L L L L R R R R L L L L L L L L

Staff 2: R R R R L L L L R R R R R R R R

Staff 3: L L L L L L R R R R R R R R L L L L

Staff 4: R R R R R R L L L L L L L L R R R R

Staff 5: L L R R L L L L R R L L R R R R R R

Staff 6: L L R R L R L R L R L R L L R R

Staff 7: L L L R R R L L L R R R R R L L L R

Staff 8: R R L L L R R R L R L R L R L R

Checklist:

Every note should have the same sound and volume

Aim for the center of the drum or pad

Hand fixer #3

Hand fixer #3 consists of eight lines of rhythmic notation on a five-line staff. Each line contains two measures of music. Above each note is a letter indicating the hand: 'R' for right hand and 'L' for left hand. The notes are quarter notes. Lines 1-7 each start with a double bar line on the left and end with a double bar line on the right. Line 8 starts with a double bar line on the left and ends with a double bar line on the right that has a repeat sign (two dots) above it.

Line 1: R L R R L R | L R L L R L

Line 2: R L L R L R | L R R L R L

Line 3: R R L R L R | L L R L R L

Line 4: R L R L L R | L R L R R L

Line 5: R L R R L R L L | R L L R L R R L

Line 6: R R L R L L R L | R L R L L R L R

Line 7: R L L R L L R L | L R R L R R L R

Line 8: R L L R R L L R | R R L L

Checklist:

How fast can you play this exercise evenly?

Also try repeating each line as individual exercises

Getting to know Sixteenth's

1

(try each example with and without this foot pattern)

2

3

4

5

6

7

8

9

10

Duet #4

1

Musical notation for Duet #4, Part 1. It consists of four staves of music. The first staff begins with a '1' and contains a sequence of eighth and sixteenth notes with rests. The second and third staves continue the rhythmic pattern with various note values and rests. The fourth staff concludes the sequence with a double bar line.

2

Musical notation for Duet #4, Part 2. It consists of four staves of music. The first staff begins with a '2' and contains a sequence of eighth and sixteenth notes with rests. The second and third staves continue the rhythmic pattern with various note values and rests. The fourth staff concludes the sequence with a double bar line.

Big Bang

The musical score for 'Big Bang' is composed of eight staves. Each staff begins with a treble clef and a key signature of one flat. The notation is primarily rhythmic, featuring eighth and sixteenth notes, often beamed together in groups. There are several instances of rests, including quarter and eighth notes. The piece concludes with a double bar line at the end of the eighth staff.

Big Bang 2

The musical score for 'Big Bang 2' is composed of eight staves of music, organized into two systems of four staves each. The notation is as follows:

- Staff 1:** Features a rhythmic pattern of eighth notes with cymbal hits (x) on the first and third notes of each pair. The bass line consists of quarter notes.
- Staff 2:** Similar to Staff 1, but with a different bass line pattern.
- Staff 3:** Introduces a more complex pattern with eighth and sixteenth notes in the bass line.
- Staff 4:** Continues the pattern from Staff 3 with further rhythmic variations.
- Staff 5:** Shows a transition with more frequent cymbal hits and a different bass line.
- Staff 6:** Features a dense pattern of sixteenth notes in the bass line.
- Staff 7:** Continues the sixteenth-note pattern with varying cymbal placement.
- Staff 8:** Concludes the piece with a final rhythmic flourish and a double bar line.

