

Brain workout

1

R R R R

L

2

R

L L L L

3

R R R R

L

4

R R

L L L L

5

R R R R

L

6

R R

L L L L

7

R R R R

L L L L L

8

R R R R

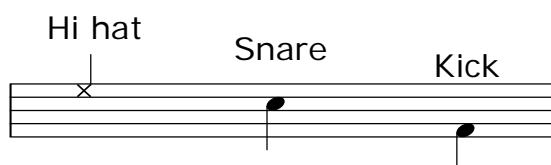
L L L L

9

R R R R

L L L L

What do you hit now?



1

2

3

4

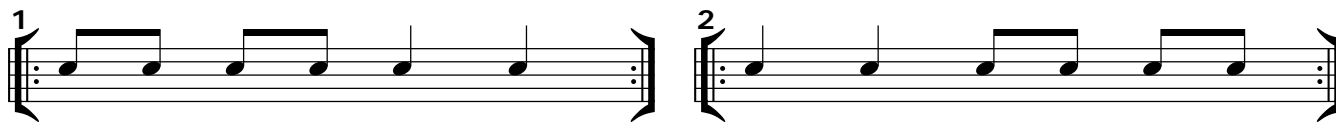
5

6

7

8

Quarters and Eighths



Duet #1

1 (tap rim or tap sticks together)

Musical notation for Duet #1, Part 1. It consists of four staves of music. The first staff starts with a '1' and a note on the first line. The second staff has notes on the first and second lines. The third staff has notes on the first, second, and third lines. The fourth staff has notes on the first, second, and third lines. 'x' marks are placed above the staves to indicate tapping points.

2

Musical notation for Duet #1, Part 2. It consists of four staves of music. The first staff starts with an 'x' on the first line. The second staff has notes on the first and second lines. The third staff has notes on the first, second, and third lines. The fourth staff has notes on the first, second, and third lines. 'x' marks are placed above the staves to indicate tapping points.

This and that

1

Exercise 1 consists of four staves of music. The first staff begins with a double bar line and a '1' above it. It features a sequence of notes: a quarter note on G4, a quarter note on A4, a quarter note on B4, a quarter note on C5, a quarter note on B4, a quarter note on A4, a quarter note on G4, and a quarter note on F4. There are accents above the first G4 and the second B4. The second staff continues with a quarter note on E4, a quarter note on D4, a quarter note on C4, a quarter note on B3, a quarter note on A3, a quarter note on G3, and a quarter note on F3. There are accents above the first E4 and the second B3. The third staff continues with a quarter note on E4, a quarter note on D4, a quarter note on C4, a quarter note on B3, a quarter note on A3, a quarter note on G3, and a quarter note on F3. There are accents above the first E4 and the second B3. The fourth staff concludes with a quarter note on E4, a quarter note on D4, a quarter note on C4, a quarter note on B3, a quarter note on A3, a quarter note on G3, and a quarter note on F3. There are accents above the first E4 and the second B3.

2

Exercise 2 consists of four staves of music. The first staff begins with a double bar line and a '2' above it. It features a sequence of notes: a quarter note on G4, a quarter note on A4, a quarter note on B4, a quarter note on C5, a quarter note on B4, a quarter note on A4, a quarter note on G4, and a quarter note on F4. There are accents above the first G4 and the second B4. The second staff continues with a quarter note on E4, a quarter note on D4, a quarter note on C4, a quarter note on B3, a quarter note on A3, a quarter note on G3, and a quarter note on F3. There are accents above the first E4 and the second B3. The third staff continues with a quarter note on E4, a quarter note on D4, a quarter note on C4, a quarter note on B3, a quarter note on A3, a quarter note on G3, and a quarter note on F3. There are accents above the first E4 and the second B3. The fourth staff concludes with a quarter note on E4, a quarter note on D4, a quarter note on C4, a quarter note on B3, a quarter note on A3, a quarter note on G3, and a quarter note on F3. There are accents above the first E4 and the second B3.

12 bar groove solos

1

The first solo consists of four staves of music. Each staff has a treble clef and a key signature of one flat. The music is written in a 4/4 time signature. The first staff begins with a '1' in the top left corner. The notation features a consistent rhythmic pattern of eighth notes with stems pointing up and down, and a bass line of quarter notes. The first three staves end with a double bar line, while the fourth staff ends with a double bar line and a repeat sign.

2

The second solo consists of four staves of music. Each staff has a treble clef and a key signature of one flat. The music is written in a 4/4 time signature. The first staff begins with a '2' in the top left corner. The notation features a consistent rhythmic pattern of eighth notes with stems pointing up and down, and a bass line of quarter notes. The first three staves end with a double bar line, while the fourth staff ends with a double bar line and a repeat sign.

Little big challenge

1

Exercise 1 consists of four staves of music. The first staff begins with a '1' and contains a complex rhythmic pattern with many 'x' marks above the notes. The second staff continues this pattern with fewer 'x' marks. The third staff features a different rhythmic pattern with fewer 'x' marks. The fourth staff concludes the exercise with a final rhythmic pattern.

Warm up exercises:

2

Exercise 2 is a single staff of music starting with a '2'. It features a rhythmic pattern with 'x' marks above the notes.

3

Exercise 3 is a single staff of music starting with a '3'. It features a rhythmic pattern with 'x' marks above the notes.

4

Exercise 4 is a single staff of music starting with a '4'. It features a rhythmic pattern with 'x' marks above the notes.

Quarters rests

The image displays eight numbered musical staves, each containing a sequence of rhythmic exercises. The exercises are as follows:

- Staff 1:** A single measure containing a quarter note, a quarter rest, a quarter note, and a quarter rest.
- Staff 2:** A single measure containing a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest.
- Staff 3:** A single measure containing a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest.
- Staff 4:** A single measure containing a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest.
- Staff 5:** Two measures. The first measure contains a quarter note, a quarter rest, a quarter note, and a quarter rest. The second measure contains a quarter note, a quarter rest, a quarter note, and a quarter rest.
- Staff 6:** Two measures. The first measure contains a quarter note, a quarter rest, a quarter note, and a quarter rest. The second measure contains a quarter note, a quarter rest, a quarter note, and a quarter rest.
- Staff 7:** Two measures. The first measure contains a quarter note, a quarter rest, a quarter note, and a quarter rest. The second measure contains a quarter note, a quarter rest, a quarter note, and a quarter rest.
- Staff 8:** Three measures. The first measure contains a quarter note, a quarter rest, a quarter note, and a quarter rest. The second measure contains a quarter note, a quarter rest, a quarter note, and a quarter rest. The third measure contains a quarter note, a quarter rest, a quarter note, and a quarter rest.

Duet #2

1

Part 1 consists of four staves of music. The first staff begins with a '1' and contains a sequence of eighth notes and rests. The second staff continues the pattern with eighth notes and rests. The third staff features a mix of eighth notes and rests. The fourth staff concludes the part with eighth notes and rests, ending with a double bar line.

2

Part 2 consists of four staves of music. The first staff begins with a '2' and contains a sequence of eighth notes and rests. The second staff continues the pattern with eighth notes and rests. The third staff features a mix of eighth notes and rests. The fourth staff concludes the part with eighth notes and rests, ending with a double bar line.

Quarter rest solos

1

Exercise 1 consists of four staves of music. Each staff has a top line with 'x' marks and a bottom line with notes and rests. The exercise is divided into four measures by bar lines. The notes and rests are arranged in a specific pattern across the staves.

2

Exercise 2 consists of four staves of music. Each staff has a top line with 'x' marks and a bottom line with notes and rests. The exercise is divided into four measures by bar lines. The notes and rests are arranged in a specific pattern across the staves.

Quarter rest workouts

1

Workout 1 consists of two staves. The top staff contains four measures of music. Each measure has a quarter rest on the top line and a quarter note on the bottom line. The notes are G4, F4, E4, and D4. The bottom staff contains four measures. Each measure has a quarter note on the top line and a quarter rest on the bottom line. The notes are G4, F4, E4, and D4. The piece ends with a double bar line and repeat dots.

2

Workout 2 consists of two staves. The top staff contains four measures. Each measure has a quarter rest on the top line and a quarter note on the bottom line. The notes are G4, F4, E4, and D4. The bottom staff contains four measures. Each measure has a quarter note on the top line and a quarter rest on the bottom line. The notes are G4, F4, E4, and D4. The piece ends with a double bar line and repeat dots.

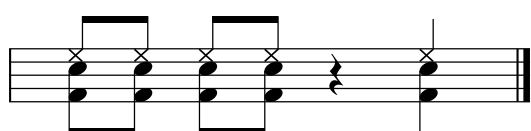
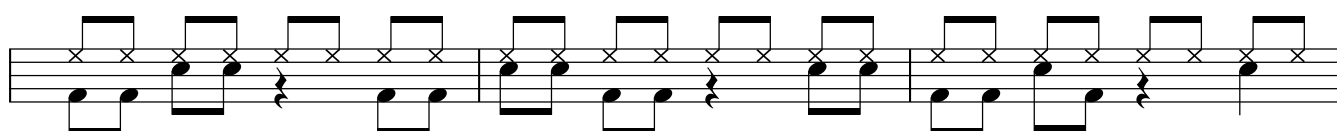
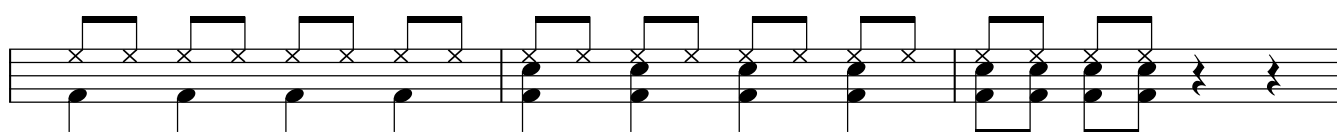
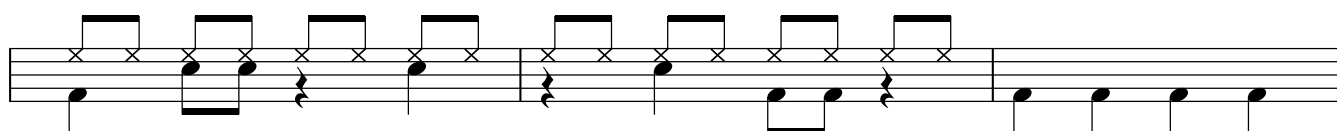
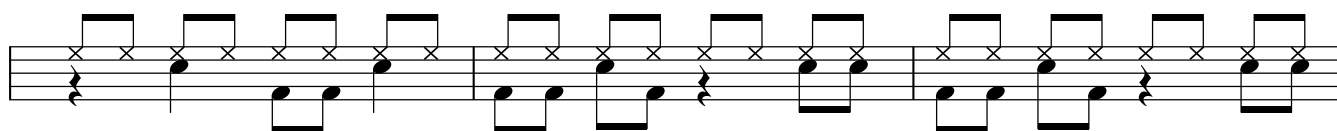
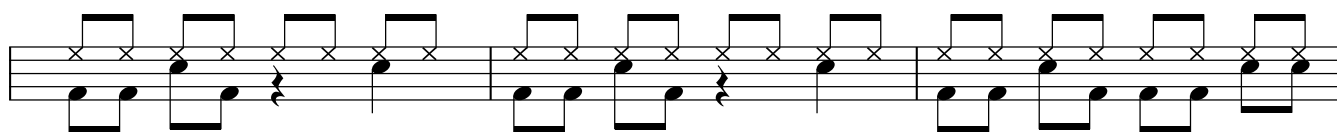
3

Workout 3 consists of two staves. The top staff contains four measures. Each measure has a quarter rest on the top line and a quarter note on the bottom line. The notes are G4, F4, E4, and D4. The bottom staff contains four measures. Each measure has a quarter note on the top line and a quarter rest on the bottom line. The notes are G4, F4, E4, and D4. The piece ends with a double bar line and repeat dots.

4

Workout 4 consists of two staves. The top staff contains four measures. Each measure has a quarter rest on the top line and a quarter note on the bottom line. The notes are G4, F4, E4, and D4. The bottom staff contains four measures. Each measure has a quarter note on the top line and a quarter rest on the bottom line. The notes are G4, F4, E4, and D4. The piece ends with a double bar line and repeat dots.

Big little challenge



Eighth rests

The image displays eight numbered musical exercises (1-8) on a single staff, each demonstrating eighth rests. Exercise 1: A sequence of eighth notes followed by an eighth rest and another eighth note. Exercise 2: A sequence of eighth notes with an eighth rest in the middle. Exercise 3: An eighth rest followed by a sequence of eighth notes. Exercise 4: A sequence of eighth notes with an eighth rest in the middle. Exercise 5: A sequence of eighth notes with an eighth rest in the middle. Exercise 6: A sequence of eighth notes with an eighth rest in the middle. Exercise 7: A sequence of eighth notes with an eighth rest in the middle. Exercise 8: A sequence of eighth notes with an eighth rest in the middle.

Duet #3

1

Part 1 consists of four staves of music. The first staff begins with a '1' and contains two measures of music. The second staff contains two measures. The third staff contains two measures. The fourth staff contains two measures and ends with a double bar line. The notation includes eighth notes, quarter notes, and rests, with some notes beamed together.

2

Part 2 consists of four staves of music. The first staff begins with a '2' and contains two measures of music. The second staff contains two measures. The third staff contains two measures. The fourth staff contains two measures and ends with a double bar line. The notation includes eighth notes, quarter notes, and rests, with some notes beamed together.

Eighth rest solos

1

Exercise 1 consists of four staves of music. Each staff has a treble clef and a key signature of one flat. The first staff begins with a '1' in the top left corner. The notation features a series of eighth notes with beams, often grouped with 'x' marks above them, and eighth rests. The rhythm is consistent across all staves, with a final double bar line at the end of the fourth staff.

2

Exercise 2 consists of four staves of music. Each staff has a treble clef and a key signature of one flat. The notation features a series of eighth notes with beams, often grouped with 'x' marks above them, and eighth rests. The rhythm is consistent across all staves, with a final double bar line at the end of the fourth staff.

Eighth rest workouts

1

Exercise 1: A two-staff musical exercise. The top staff (treble clef) contains two measures of music. The first measure has eighth notes on G4, A4, B4, and C5, with eighth rests on D5, E5, and F5. The second measure has eighth notes on D5, E5, F5, and G5, with eighth rests on A5, B5, and C6. The bottom staff (bass clef) contains two measures of music. The first measure has eighth notes on G3, A3, B3, and C4, with eighth rests on D4, E4, and F4. The second measure has eighth notes on D4, E4, F4, and G4, with eighth rests on A4, B4, and C5.

2

Exercise 2: A two-staff musical exercise. The top staff (treble clef) contains two measures of music. The first measure has eighth notes on G4, A4, B4, and C5, with eighth rests on D5, E5, and F5. The second measure has eighth notes on D5, E5, F5, and G5, with eighth rests on A5, B5, and C6. The bottom staff (bass clef) contains two measures of music. The first measure has eighth notes on G3, A3, B3, and C4, with eighth rests on D4, E4, and F4. The second measure has eighth notes on D4, E4, F4, and G4, with eighth rests on A4, B4, and C5.

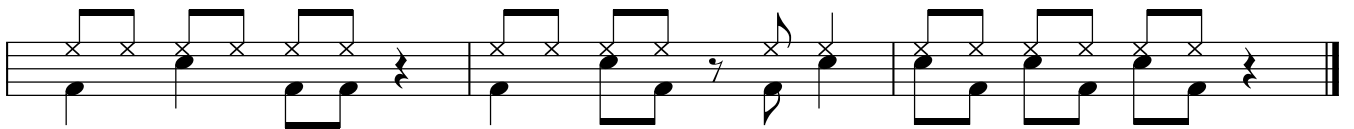
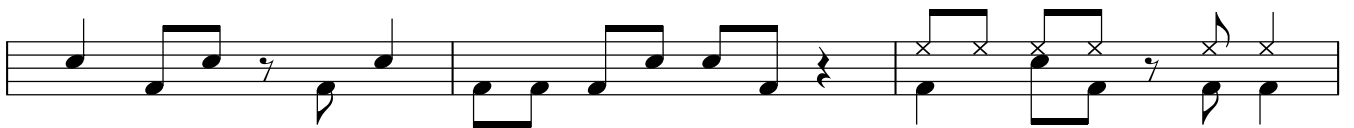
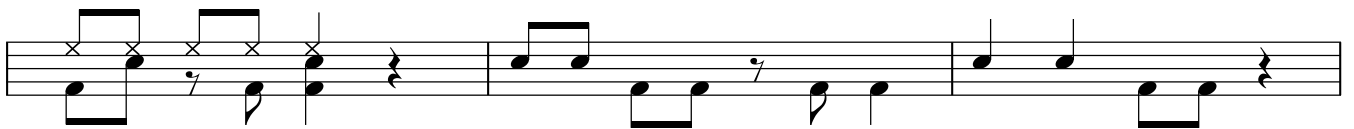
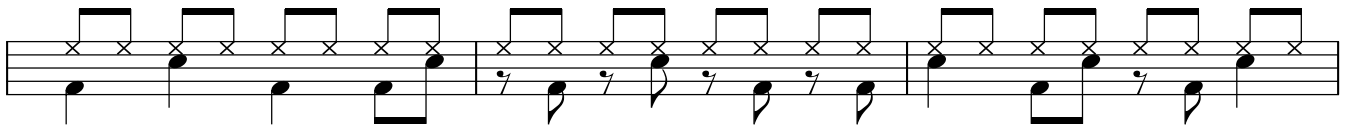
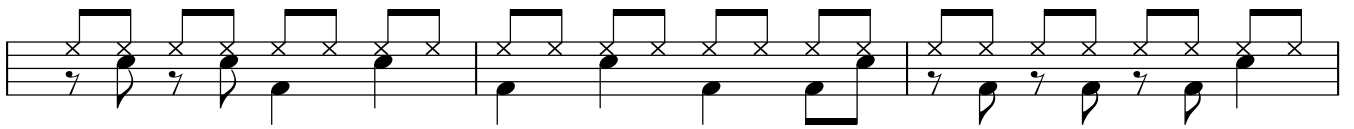
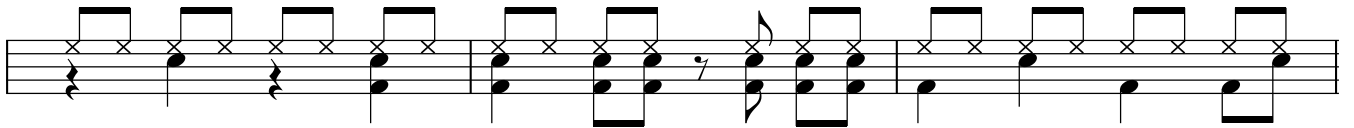
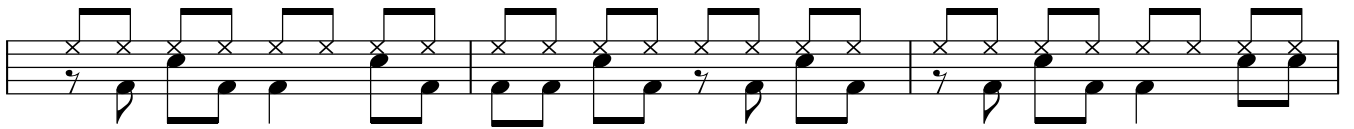
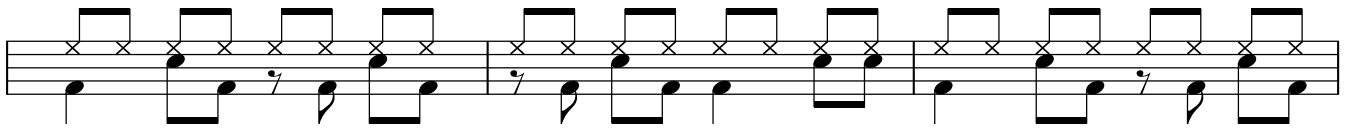
3

Exercise 3: A two-staff musical exercise. The top staff (treble clef) contains two measures of music. The first measure has eighth notes on G4, A4, B4, and C5, with eighth rests on D5, E5, and F5. The second measure has eighth notes on D5, E5, F5, and G5, with eighth rests on A5, B5, and C6. The bottom staff (bass clef) contains two measures of music. The first measure has eighth notes on G3, A3, B3, and C4, with eighth rests on D4, E4, and F4. The second measure has eighth notes on D4, E4, F4, and G4, with eighth rests on A4, B4, and C5.

4

Exercise 4: A two-staff musical exercise. The top staff (treble clef) contains two measures of music. The first measure has eighth notes on G4, A4, B4, and C5, with eighth rests on D5, E5, and F5. The second measure has eighth notes on D5, E5, F5, and G5, with eighth rests on A5, B5, and C6. The bottom staff (bass clef) contains two measures of music. The first measure has eighth notes on G3, A3, B3, and C4, with eighth rests on D4, E4, and F4. The second measure has eighth notes on D4, E4, F4, and G4, with eighth rests on A4, B4, and C5.

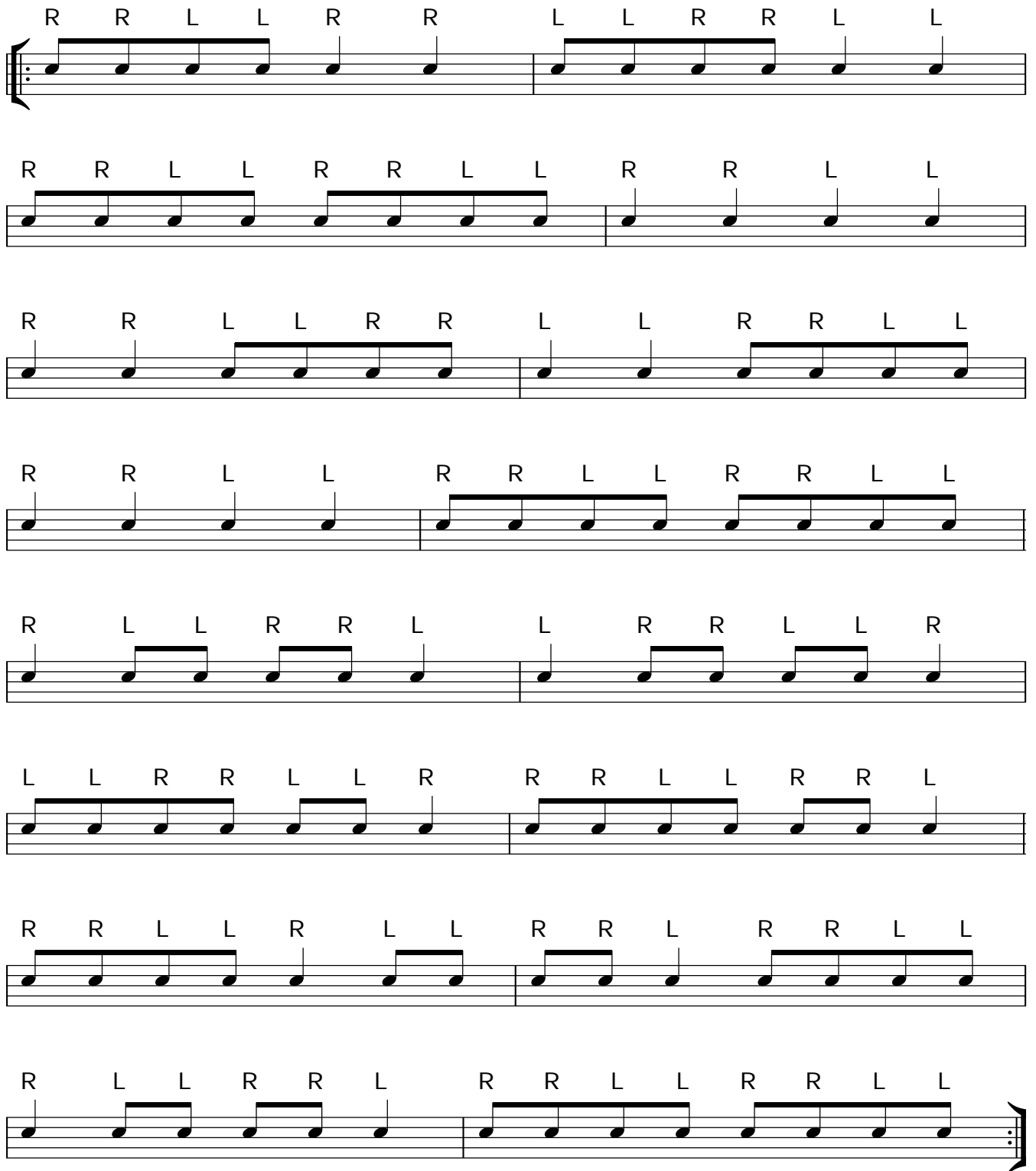
Rest fest



Rest extravaganza

The musical score consists of ten staves, each containing two measures of music. The notes are primarily eighth and sixteenth notes, often beamed together. The exercise is characterized by frequent rests, which are indicated by a vertical line with a flag. The rests occur at various points in the measures, creating a complex rhythmic pattern. The notation is in a standard musical staff with a treble clef and a key signature of one flat (Bb).

Hand fixer #1



Hand fixer #1 drum notation with R/L labels. The notation consists of eight staves of music, each containing a sequence of notes with 'R' (Right) and 'L' (Left) labels above them. The notes are connected by beams, indicating eighth notes. The sequence of notes across the staves is as follows:

- Staff 1: R R L L R R L L R R L L
- Staff 2: R R L L R R L L R R L L
- Staff 3: R R L L R R L L R R L L
- Staff 4: R R L L R R L L R R L L
- Staff 5: R L L R R L L R R L L R
- Staff 6: L L R R L L R R R R L L R R L
- Staff 7: R R L L R L L R R L R R L L
- Staff 8: R L L R R L R R L L R R L L

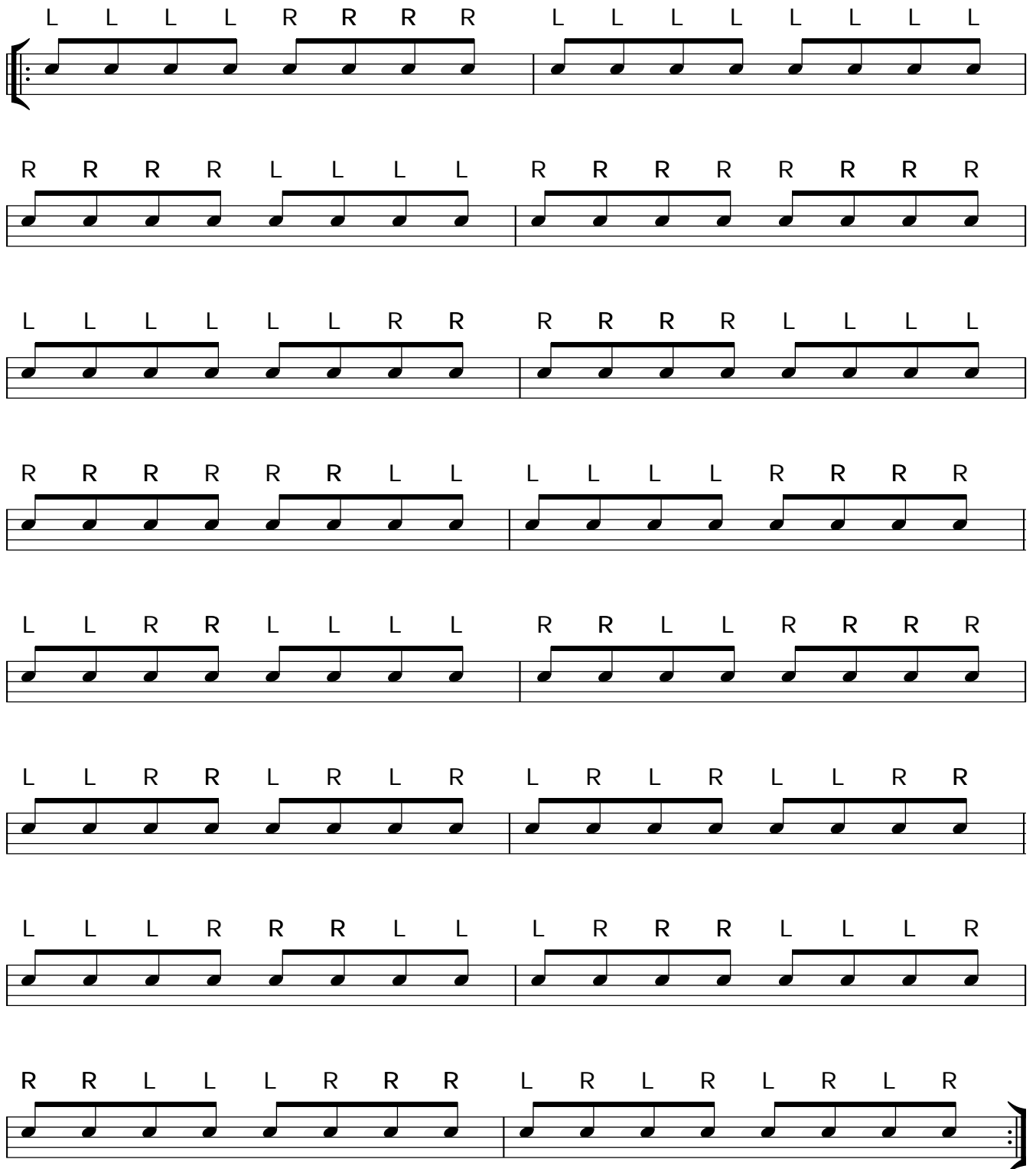
Checklist:

Thumbs on stick, fingers underneath

Relax your hands and forearms

Bounce the stick up in a straight line, with no buzz

Hand fixer #2



Hand fixer #2 drum notation consisting of 8 staves. Each staff contains four measures of music, with notes grouped by hand (L or R) and connected by a horizontal line. The notation is as follows:

- Staff 1: L L L L, R R R R, L L L L, L L L L
- Staff 2: R R R R, L L L L, R R R R, R R R R
- Staff 3: L L L L, L L R R, R R R R, L L L L
- Staff 4: R R R R, R R L L, L L L L, R R R R
- Staff 5: L L R R, L L L L, R R L L, R R R R
- Staff 6: L L R R, L R L R, L R L R, L L R R
- Staff 7: L L L R, R R L L, L R R R, L L L R
- Staff 8: R R L L, L R R R, L R L R, L R L R

Checklist:

Every note should have the same sound and volume

Aim for the center of the drum or pad

Hand fixer #3



Hand fixer #3 consists of eight lines of rhythmic notation on a five-line staff. Each line contains two measures of music. Above the notes, letters 'R' and 'L' indicate the hand to play each note. The notes are quarter notes. Lines 1-7 each start with a double bar line on the left and end with a double bar line on the right. Line 8 starts with a double bar line on the left and ends with a double bar line on the right, followed by a repeat sign.

Line 1: R L R R L R L R L L R L

Line 2: R L L R L R L R R L R L

Line 3: R R L R L R L L R L R L

Line 4: R L R L L R L R L R R L

Line 5: R L R R L R L L R L L R R L

Line 6: R R L R L L R L R L R L R

Line 7: R L L R L L R L L R R L R R L R

Line 8: R L L R R L L R R R L L

Checklist:

How fast can you play this exercise evenly?

Also try repeating each line as individual exercises

Getting to know Sixteenth's

1

(try each example with and without this foot pattern)

2

3

4

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Duet #4

1

Musical notation for Duet #4, Part 1, consisting of four staves of music. The notation includes eighth and sixteenth notes, rests, and various rhythmic patterns.

2

Musical notation for Duet #4, Part 2, consisting of four staves of music. The notation includes eighth and sixteenth notes, rests, and various rhythmic patterns.

Big Bang

The musical score for 'Big Bang' is composed of eight staves of music. Each staff contains a sequence of drum hits represented by symbols: 'x' for cymbals, 'o' for snare, and '•' for bass drum. The notation includes various rhythmic values such as eighth and sixteenth notes, as well as rests and dynamic markings like accents and slurs. The score is organized into measures, with some measures containing multiple drum hits. The final measure of the eighth staff ends with a double bar line.

Big Bang 2

The musical score for 'Big Bang 2' is composed of eight staves of music, organized into two systems of four staves each. The notation is a form of drum notation where notes represent rhythmic patterns and 'x' marks above notes indicate cymbal hits. The first system (staves 1-4) features a consistent pattern of eighth notes with cymbal hits on the first and third notes of each pair. The second system (staves 5-8) introduces more complex rhythmic variations, including sixteenth-note runs and syncopated rhythms, while maintaining the cymbal hit pattern.

In between helper

Make sure all the notes are locked into the Sixteenth note grid.

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